



Speak Up at Discharge

Your child's health and safety are important to us. You can make a difference in your child's care by asking questions and being actively involved.

[Here are some questions you can ask when your child is being discharged from the hospital:](#)

- Does your child have any new medical conditions?
- Should your child limit activity?
- Should your child avoid any foods, caffeine, etc.?
- Do you need any referrals? Referrals may be needed for: new doctors or specialty healthcare providers,